

## Dorn Haus Celebrates its Third year of Success



Located near Shakespeare's Stratford upon Avon in Warwickshire inside a wooden chalet building is Dorn Haus, home to the UK Dorn Method Centre and this month it is celebrating its third year teaching and providing Dorn Method Therapy.

Dorn Haus is the brain child of Brigitte Nath who has so far taught this fascinating therapy called The Dorn Method to nearly 600 therapists from across the UK and overseas over the past 8 years. Dorn Haus not only holds regular Dorn Method workshops, but also provides back and joint pain therapy to many local clients. Brigitte also works with other therapists at Dorn Haus to offer a wider range of therapies including Remedial Sports Massage, Reflexology, and more.

If you would like to find out more about Dorn Haus, why not visit the website at [dornhaus.co.uk](http://dornhaus.co.uk). Or for more information about actually learning the Dorn Method, please visit [dornmethod.co.uk](http://dornmethod.co.uk).

## Helen Mary Perkins Wins LUX Top Training Award



Health, Beauty & Wellness

Helen Mary Perkins

Best Bowen Therapy Training Provider - UK



Complementary therapist Helen Mary Perkins was thrilled and amazed to be recognised twice in a new awards programme launched by LUX magazine. She felt especially proud to be acknowledged for her Bowen training achievements.

**Best Bowen Therapy Training Provider in the UK...** Helen is one of just 12 instructors in the country accredited by the Bowen Therapy Academy of Australia. In addition to teaching the original Bowen Technique she has developed her own specialist training course for Bowen therapists wishing to work in the field of palliative care as well as an Introduction to Bowen Therapy which is open to professionals and laymen.

**Best Health and Wellness Product...** Bowtech Ease\* is a natural aromatherapy oil for relieving pain and inflammation of bunions and other joints while also benefiting a range of everyday ailments. Developed in Australia for use by professionals in clinical practice, Helen subsequently developed a popular 10ml rollerball for retail use. \*The LUX award is the third for Bowtech Ease since 2015.

Health, beauty and wellness is the newest addition to a series of awards managed by LUX magazine. Winners were announced in July. Awards co-ordinator Emma Keen explained: 'The Health, Beauty & Wellness Awards celebrate the innovation and dedication demonstrated by our winners [...]. It has been a genuine privilege to be able to showcase the hard work, talent and commitment of businesses and individuals from across the UK.'

The winners were selected through a combination of industry voting and in-house research. With no idea that she had even been nominated, Helen was surprised and delighted to hear the news. 'It is very gratifying to be picked out in this way among so many of my peers who are equally deserving', she said.

## CALENDAR OF EVENTS

1-2 October 2017  
Olympia Beauty  
Olympia, London

The Nutrition and Wellbeing live stage launched in 2016 and was a huge success within the main event. Supported by *Massage World Magazine*, *Holistic Therapist Magazine* and the FHT, this stage returns bigger and better for 2017.

[olympiabeauty.co.uk](http://olympiabeauty.co.uk)

20-22 October 2017  
OM Yoga Show

Alexandra Palace, London

Returning to London in October, the world-famous OM Yoga Show is an amazing weekend for the whole family. The event takes place over three days at Alexandra Palace, the beautiful north London venue that is affectionately known as the People's Palace.

[omyogashow.com](http://omyogashow.com)

10-11 November 2017  
Physiotherapy UK

ICC Birmingham With over 200 speakers and poster presentations to choose from you get to create your own programme that meets your needs and interests.

[www.csp.org.uk](http://www.csp.org.uk)

22-23 November 2017  
Therapy Expo  
NEC Birmingham

The conference programme is dedicated to four key areas, MSK, Sports Injuries & Biomechanics, Neuro Rehabilitation and Acute Care, covering everything from manipulative therapies to Tracheostomy care.

[therapyexpo.co.uk](http://therapyexpo.co.uk)